

NBPAIOST All In One Stand

Manual Instruction

Part 1: Parts Introduction:

Volleyball cap



Basketball / Netball ring

Pole



Black knob

T-base

Weight

Part 2: Assemble Instruction:



① Connect the weight and T-Base with screws as the picture shows.



② Fix the T-Base with the black knobs like picture 2.



③ Insert the pole into the T-Base tube, and turn the black knob to fix the pole.



④ Fix either the netball ring or the volleyball cap (for net sports) on the top of pole, and fix the black knob to secure.



⑤ The weight we provide is about 25kgs, if you think this weight is not enough for you to play, please take out the plastic plug like B shows.

Then you could screw in the round tube like A shows, and put the weight plates on this round tube.

⑥ How to assemble net:



Insert the net into the ring hole like pictue 1, then cross the net like picture 2. Repeat the operation one by one, until the whole net inserts into the ring hole, and finally, tie the knot to fix the net.